

Release & Wavier of Liability

I understand that the Kids Try-Athlon and Fun Run are physical and potentially dangerous activities. However, recognizing the inherent risk of injury, I nevertheless waive, release, and discharge and agree to indemnify and hold harmless, the Healthy Weight Kids Coalition of Southern Kentucky, ALIVE Center, Bowling Green City Schools, Bowling Green Road Runner's Club, Bowling Green Parks & Recreation Department, the City of Bowling Green, and Barren River District Health Department, Warren County Schools, and any volunteers or staff associated with these events, from any and all liability for injuries or damages which may arise from any and all negligent acts of conduct of commission and omission, if any, or any other injury arising from these events which may be sustained by me or my child.

Parent or Guardian Printed Name:

Parent or Guardian Signature:

Date: _____

I agree to allow my child's picture, first name, and last initial to be posted to the Healthy Weight Kids Coalition website.

Parent or Guardian Signature:

Date: _____

Made Possibly By...



In Partnership With...



Barren River District



Mail Registration To:

ALIVE Center
c/o Leah Ashwill
1906 College Heights Blvd. #21095
Bowling Green, KY 42101

Phone: 270-782-0812

E-mail: leah.ashwill@wku.edu

www.healthyweightkids.org

Healthy Weight Kids
Coalition
Of Southern Kentucky's

**KIDS TRY-ATHLON
and
FUN RUN**

**Saturday
August 21, 2010**

**Russell Sims
Aquatic Center
2302 Tomblinson Way
Bowling Green, KY**

About the Healthy Weight Kids Coalition

The Healthy Weight Kids Coalition of Southern Kentucky is a coalition of health-related professionals and organizations with the goal of preventing and treating the serious problem of childhood obesity in Southern Kentucky by encouraging



young people to live healthy, active lifestyles. We are working to accomplish our mission by joining with local schools, physicians, the public, and state and local governments to implement programs that aid in the prevention of childhood obesity.

Race results posted online at www.healthyweightkids.org

Event Descriptions

Check-in begins at 7am CST & will end at 8am for Try-Athlon. Check-in will end at 9am for Big and Little Fun Runs)

Event Description	Start Time	Age on 8/21/2010
Kids Try-Athlon 100 yard swim; 2 mile bike; 1 mile run <i>All participants must be able to swim unassisted and must bring bicycle and helmet. Swim goggles are optional.</i>	8:30 am	Ages 7-14
Free Little Fun Run 1/4 mile fun run	9:30 am	Ages 6 and under
Free Big Fun Run 1 mile run	9:35 am	Ages 7-14

AWARDS

1st 100 registered participants will receive a t-shirt and award ribbon. Medals to top male and female finishers in each age group:

(ages 7-8; ages 9-10; ages 11-12; ages 13-14)

Entry Form

Send entry by August 14, 2010 for discounted entry. **One entry form per participant.** Or register on race day, making checks payable to "The Healthy Weight Kids Coalition." Registration closes at 8:00 am race day.

Mail to: The ALIVE Center; c/o Leah Ashwill; 1906 College Heights Blvd. #21095; Bowling Green, KY 42101

Try-Athlon Entry Fee

On or Before August 14, 2010-- \$7.00
After August 14, 2010- \$10.00
(Both Fun Runs are Free)

Participant's Full Name _____

Date of Birth _____ Male or Female (circle one)

T-shirt size: Child or Adult ~ small medium large

Select **one** event: Try-Athlon Big Fun Run Little Fun Run

Street Address _____

City _____ State _____ Zip _____

Parent E-mail Address: _____

Name of Parent or Guardian _____

Emergency Contact and Phone Number(s) _____

Signature of Parent or Guardian _____ Date _____

If you or your child should be injured or become involved in an emergency situation, race volunteers may notify Emergency Medical Personnel. You will be responsible for any financial matters that may occur.

Complete waiver on back of entry form!!!